

# LESSON D

## Student worksheet



### Pre lesson task 1: Discuss

In pairs describe a **how you typically use you phone**.

Think about

How long you spend actively on your phone?

How much time do you spend **passively scrolling** on your phone?

How do you feel when you don't have your phone?

What's the longest you've been without your phone?

Who spends longest on their phone in your family?

Are you addicted to your phone?

**Write down at least five ideas.** Then discuss them as a class.

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### Task 2: Caption Contest

Can you:

1. Write a caption for this picture.
2. Turn this picture into a meme.



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Picture by Joseph Chen

### Task 3: Discussion

In groups talk about:

Why teenagers always **vilified** for using phones and social media, when adults are just as "bad".

The most useful way to use your phone.

How to realise when your phone is becoming a problem.

The best way to put you phone down